



CLUB VOLLEYBALL FAQ'S

FOR THOSE JUST BEGINNING (10'S, 11'S, 12'S)

Is your child new to club volleyball? If so, below are FAQ's that may be helpful as you determine if club volleyball is for your child.

- 1. Why club volleyball?** Club volleyball is different than recreational leagues in three ways; the season is longer, teams practice more, and the quality of coaching is better as clubs specifically hire coaches based on their ability.
- 2. When is the club season?** Tryouts occur in September/October. Practices for 10's-14's players begin in mid-November. The season is typically over the first week in May (unless a team competes at the national championships in June).
- 3. How many players are selected on a team?** How many players are selected on a team?
- 4. How often do teams practice?** All teams practice twice a week (one during the week and one on the weekend). Practices range from 1 ½ hrs. (for 10's & some 11's teams) to 2 hours for top 11's teams and all the 12's age group teams. Older teams can practice 3 hours per practice.
- 5. When are tournaments and how many tournaments do teams play?** Most tournaments are one or two days and all are on the weekends. Tournaments start in January and teams typically play 7-9 tournaments from January to the first weekend in May (about 1-2 per month).
- 6. How far do teams travel?** Younger teams will play most tournaments in Oklahoma with a few traveling to Texas, Arkansas or other surrounding states. The higher the level of team, the further they could travel.
- 7. Do all kids play the same amount of time in tournaments?** No. At Peak, some players may play more than others. However, if a child is selected on a team, the coach is expected to find a role for that player.
- 8. What are the costs for participating on a club team?** Costs can range from approximately \$1,900 (10's & some 11's teams) to \$2,530 for top 11's teams. 12's teams ranged from \$2,400 - \$3,200 last year, depending upon the level of team and the amount of travel.
- 9. Can I spread the dues payments out over the season?** Yes. 30% is required when accepting a position on a team. Parents can then pay the remaining amount in three installments (Nov., Jan., and Feb.)
- 10. What do the team dues cover?** Costs cover everything for your child to participate; uniform, practice time in the facility, coaches' fees for coaching, per diem, travel, etc. The costs do not cover player's or parents' cost to travel to tournaments.
- 11. Can my child still participate in YMCA ball or other sports and play club ball?** Yes. However, flexibility will be needed on the part of the player and the club. We have many kids who still compete in soccer, basketball, etc. and they work that out with the coach. A commitment to the team is still required however, as the team will be counting on the player.
- 12. Are all clubs the same?** No. Clubs, like any organization or business, can be operated a variety of ways. It's important to get to know the leadership as the coaches and individuals in the organization will have influence on your child, either positively or negatively.
- 13. What is Peak's mission?** Oklahoma Peak Performance (OP2) provides an environment for the committed volleyball player to reach her peak performance in three specific areas: **Sport Specific Development, Character Development (Biblical principles are foundational in this area), Strength/Conditioning.** You can learn more about OP2 and our mission at op2vb.com.

