



## Frequently asked Questions about OP2 (Peak) and Club Volleyball

- 1. How do I find more information about OP2?** Follow us on the web at: [www.op2vb.com](http://www.op2vb.com), Facebook (OP2-Oklahoma Peak Performance Volleyball Club), Instagram (op2vbc), or Twitter (@oklahomapeak). All tryout and club information will be shared on these sites.
- 2. What is a Club Team?** A “Club” team is the traditional type of program offered in most volleyball clubs. OP2 operates under the umbrella and governance of USA Volleyball. One goal of most clubs is to qualify teams for the USA J.O. National Championships. Peak has qualified 74 teams for the J.O. National Championships in 12 years. In addition, Peak has won 30 of the 40 Oklahoma regional championships the last 4 years.
- 3. What do I have to do to be on a team?**
  - a. Register as a member of USA Volleyball by going to <http://okrva.com/registration.shtml>.** Players cannot tryout with any club without having a 2017-2018 USA Volleyball membership number. NOTE: If your child is not selected or decides not to play, you may request a refund of your USA Volleyball membership by contacting the Oklahoma Region Commissioner at [smccarty@cox.net](mailto:smccarty@cox.net).
  - b. Go to [www.op2vb.com](http://www.op2vb.com) and register online for OP2’s tryouts.** The cost for Peak’s tryouts is \$65. You will be required to provide your child’s USA membership number as a part of the registration.
  - c. If your child is offered and accepts a position on a team, you and your child will need to attend the OP2 Parent/Player meeting to sign a contract and make the initial payment.**
- 4. What do the team names “EP, National, American, and Select” mean?** OP2 labels its club teams as “EP (for Endless Pursuit), National, American, and Select” based upon the amount of practice and travel they do. Most of our top teams (EP and National) are required to practice 6 hours per week and participate in one or two national qualifiers. National qualifiers are large tournaments attracting teams from all over the country. Typically, a team must win these large tournaments to receive an automatic bid to the USA Junior Olympic National Championships.
- 5. What is an American Team?** OP2 has “American” teams for the 13’s, 14’s, 15’s and 16’s age groups. American teams will be chosen based upon ability just like the EP and National teams. The American teams will practice four hours per week. In addition, the American teams could travel less than the EP and National teams and participate in smaller tournaments. Our American teams compare to most other club teams in the state in terms of the hours of practices per week (4).
- 6. What is a Select Team?** OP2 designed the Select program for:
  - Players who participated in other sports and therefore did not have the time to practice as much.
  - Players who were new to the sport of volleyball. The Select concept allowed parents to determine their child’s interest level before pursuing club volleyball.
  - Parents who wanted less travel than club teams.
  - Parents who were looking for a competitive program at a reduced cost.
- 7. How is a Select team different from an EP, National, or American team?** Select teams will practice less than our EP/National teams and play most tournaments in-state.
- 8. How do tryouts work?** Each club holds tryouts to select their teams for the upcoming season. Parents pay a fee (\$65 for OP2) for their child to participate in the tryout. At the tryouts, coaches are looking for players to fill a variety of positions and needs. Once their team is selected, the coaches will call the selected players and offer them a position on the team. Due to the number of players trying out, **players not selected are typically not notified.**
- 9. How many players are selected for a team?** Typically, 10 players are chosen. Occasionally, based upon a coach’s offensive philosophy, a team may have 9 or 11.

- 10. Does OP2 offer players positions before tryouts or place players on teams before tryouts?** Never. Players must come to a tryout to be selected for a team. Due to illness, injury, or other unusual circumstances, an alternate tryout date may be offered to a player. Players coming after tryouts may be offered a spot if space is available on a team.
- 11. If my child is offered a position on a club's team, do I have to accept or commit before I've attended other clubs' tryouts?** No. The Oklahoma Region Volleyball Association sanctions tryout dates. They attempt to schedule age groups together so players can choose to tryout out for several clubs within a few days time. **The Region discourages clubs from pressuring players/parents into commitments before they have had the opportunity to tryout for the clubs in their area.** You have the choice to attend other clubs' tryouts in the area before committing or signing a contract. If you feel you've been pressured or have questions or concerns regarding this issue, you may contact the Commissioner of the OKRVA at [smccarty@cox.net](mailto:smccarty@cox.net).
- 12. Does each club include the same items in their fees?** No. Be sure and ask about the specific items covered in your dues. Some clubs may have extra charges for uniforms or warm-ups, coaches travel expenses, tournament fees, etc. OP<sup>2</sup> has included these and many others in the fee structure.
- 13. How much does it cost to play for OP2?** Depending upon the age group, level of the team, and number of practices, our programs range from approximately \$1,400 - \$3,100 per year. These fees include costs for practice facilities, uniforms, warm-up apparel, practice shirts, coaches' fees, coaches' expenses, and tournament entry fees among others. **The fees do not include your child's hotel, travel, and food expenses for traveling to tournaments.**
- 14. Does OP2 offer a discount on dues if more than one child is playing for Peak?** Yes. If two children are playing for Peak, parents receive 10% off the lesser amount on one player's dues.
- 15. Is fundraising mandatory with OP<sup>2</sup>?** No. Some clubs have mandatory fundraising to help cover the bottom line, but OP<sup>2</sup> does not. Teams may request permission from the board to do fundraisers for covering expenses to national tournaments.
- 16. How many practices a week will there be?** Most EP and National teams (except 11's & 12's), practice 6 hours per week. 12 EP, 13's-16's American teams and 12's-14's Select teams practice 4 hours per week. The 11's Select team practices once a week. Teams could miss practices once tournaments begin.
- 17. When and where will my team practice?** Practices are typically held on Monday, Tuesday, Wednesday (only on request of the team), Thursday, Friday, Saturday mornings and Sunday afternoons. The team coach and club director will determine the days that practices occur. Practices will begin the middle of November for the 11's – 14's and the first part of December for the 15's – 18's. All practices (except special occasions) will be held at the Peak Training Facility, 11626 N. I-35 Service Road, OKC.
- 18. Does OP2 have a strength/conditioning program?** Yes. OP<sup>2</sup> partners with iCrush Sports Performance to provide players with one hour of strength/conditioning per week for EP, National, and American teams. Select teams can participate at an additional cost.
- 19. How does OP2 encourage character development among its players/teams?** As a part of our vision, OP<sup>2</sup> encourages coaches to intentionally teach character principles in practice as well as while on the road at volleyball tournaments. Coaches use **John Wooden's Pyramid of Success Playbook** to encourage character development in your child.
- 20. Does OP2 offer players assistance with recruiting?** Yes. OP<sup>2</sup> partners with SportsRecruits.net to provide a recruiting platform to help players navigate the recruiting process. In addition, Peak's coaching staff can help players connect with coaches across the country.
- 21. Can I play club volleyball and participate in another sport?** Yes, but it takes discipline. Many times excellent athletes play multiple sports. We will work with players in dual sports so that they and the team have a positive experience.
- 22. What should I look for when choosing a club?** One of the most important factors to consider when selecting a club is the coach. Choose carefully the role model that will be mentoring your child throughout the season.